

| r | Choose the best and complete the reading. <br> 1) The first night $\qquad$ 1. $\qquad$ winter is called "Yalda". In Yalda night we $\qquad$ visit our relatives. We go to our grand parents $\qquad$ 3. $\qquad$ house. They are $\qquad$ 4........ kind. I like $\qquad$ very much. My mother usually $\qquad$ 6.. $\qquad$ a special food for dinner. My sister and I $\qquad$ $\qquad$ the table. We are all happy $\qquad$ 8. $\qquad$ <br> 1-a) 's <br> b) to <br> c) of <br> d) at <br> 2- a) always <br> b) some times <br> c) often <br> d) hardly ever <br> 3- a) 's <br> b) ' <br> c) of <br> d) in <br> 4- a) bit <br> b) little <br> c) so <br> d) too <br> 5- a) they <br> b) their <br> c) theirs <br> d) them <br> 6- a) cook <br> b) cooks <br> c) is cooking <br> d) cooked <br> 7-a) <br> b) <br> c) <br> d) <br> 8-a) it <br> b) its <br> c) there <br> d) there's |
| :---: | :---: |
| r | 27) What are you doing? <br> a) Is coming spring soon <br> 28) What do Iranian buy for norooz? <br> b) fish and rice <br> 29) Why not? <br> c) setting haft seen table <br> 30) Who colors the eggs? <br> d) oh yes! But not on Nature day <br> 31) Hey what's up shima? <br> e) my sister and I <br> 32) What is special food in norooze? <br> f) Because we always go out on $13^{\text {th }}$ Farvardin <br> 33) Do you like raing weather? <br> g) visit our grand parents <br> 34) What do you do in the first of Norroz? <br> h) new clothes and Gold fish $\qquad$ $\qquad$ $\qquad$ $\qquad$ $\qquad$ $\qquad$ $\qquad$ |


| ${ }^{4}$ | Do you eat enough vegetables? <br> Now there is a new, easy way to make sure you are eating enough of all the right foods. It's called My plate because it looks like a plate and cup. The plate has four colors: red for fruits, green for vegetables, orange for grains, and purple for proteins. The cup is blue, for dairy. The size of the color piece helps people quickly understand how much of each kind of food they should eat. For example, together the red and green pieces fill half of the plate, but the vegetable piece, but bigger. Also, the orange piece is bigger than the purple piece, but together they fill the other half of the plate. Dairy is a cup, not a plate, because milk is one of the main sources of dairy. <br> 37) One cup of milk is the main $\qquad$ of $\qquad$ |
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|  | 38)What is orange food? $\qquad$ <br> 39)What color does the plate have? $\qquad$ |

(what kind of food do you like the most? (writences)

